U.S Customary Units

Length

1 foot = 12 inches

1 yard = 3 feet

1 yard = 36 inches

1 mile = 5280 feet

1 mile = 1760 yards

Capacity

1 gallon = 8 pints

1 gallon = 4 quarts

1 gallon = 16 cups

1 gallon = 128 fluid ounces

1 quart = 4 cups

1 quart = 2 pints

1 pint = 2 cups

1 cup = 8 fluid ounces

1 pint = 16 fluid ounces

Weight

1 pound = 16 ounces

1 ton =2000 pounds

1 ton = 32000 ounces